Christian Life Coaching Agreement

Welcome to Thrive with Ayo! Before we get started on this exciting journey together, let me go over a few friendly guidelines to make sure that we are on the same page.

1. A session for coaching or mentorship is either 30 minutes, 60 minutes, or 90 minutes in length.
2. Payment is required upfront for all sessions.
3. There are NO refunds for any services rendered.
4. I require at least 24 hours advance notice for any session that you need to reschedule or cancel. You will be charged as per your rate option for any late cancellations, reschedules, or no-shows.
5. If you are running a little late, no worries! Please keep in mind that we will still have to wrap up at the scheduled time and that you will be charged for the full session.
6. Coaching fees are subject to change, while prior agreements will be honored.
7. My services make no representation of any mental health or governmental certifications, licensure, therapy, or practice. I follow the biblical counseling model. The Holy Bible serves as the authority for the counseling services I provide with lessons learned from my education and life experiences.
8. My role is to provide nurturing coaching aligned with biblical principles to support your journey toward healing and wholeness. If our time together is not serving that purpose, I may suggest we revisit our approach or part ways. This is a judgment-free zone!
9. I release Thrive with Ayo and representatives from any liabilities resulting from any of its services or sessions.
10. I understand any disclosure of child abuse in any form, threats of harm to another person, abuse of an incapacitated person, or elder abuse will be reported immediately to local law enforcement authorities.
11. I understand all information and conversations will be treated as confidential and private; with the exceptions as previously noted, court-ordered testimony, or if I pose a threat to myself or another person.
12. I seek the services of Thrive with Ayo and sign this counseling contract voluntarily and without coercion.

I have read and understood the above terms, and do hereby agree to all the terms, and consent to the services offered by Thrive with Ayo.

Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_